



Executive Headteacher: Mrs L. A. Gwinnett

Ref: 2053 HLI LOL ES

11<sup>th</sup> March 2020

Dear Parent,

## Personal, Social, Health & Citizenship Education (PSHCE) Day 4 – Thursday 12<sup>th</sup> March 2020

As you are aware, we deliver our Personal, Social, Health and Citizenship Education (which includes Sex and Relationships Education) on five collapsed curriculum days throughout the year, when the normal timetable is suspended. We follow closely the national curriculum on these days, which includes a number of statutory (compulsory for us as a school) elements.

The topics we cover on these days include areas that will genuinely make a difference to the life choices your children make. We hope that this will mean that they will make positive, well-informed choices, which will lead to them becoming happy and well-rounded young people with high aspirations for themselves and others. We take our responsibility to educate our young people in a much broader sense (more than simply passing exams) very seriously.

As these days have so much vital information condensed into them, students who are absent will miss important information that could impact on future life choices, which is vital to their wider education and wellbeing. As such, any child who is absent on a PSHCE day will need to catch this work up in four, one hour sessions after school when they return.

The fourth collapsed curriculum day of this academic year will be on Thursday 12 March 2020. On this day:

- Year 7 will explore the theme of health and wellbeing, as well as increasing understanding of democratic systems through watching a live debate and subsequently casting a vote. We also have a range of external visitors from different industries coming into school to discuss different occupations for a World of Work event.
- Year 8 will explore the theme of living in the wider world by exploring a different culture. They will visit a mosque and an Anglican church and address the Fundamental British Values of tolerance and respect.
- Year 9 will explore their place in the society of modern Britain. They will have sessions on the media and the positive and negative influences this has on young people today. They will also find out about politically correct use of language and challenging incorrect language use. There will be a session on Child Sexual Exploitation and grooming, raising awareness of this within society. They will also explore different gender identities and the Fundamental British Values of tolerance and respect. We have a visitor coming into school in addition to this to deliver a talk on mental health. Sam Tyrer's *Change Talks* programme raises awareness and promotes coping strategies for a healthier mind.





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- Year 10 will explore the theme of health and wellbeing. They will have sessions on sex education, sexual relationships and parenting, as well as discussion on mental health and how to address the issues that may face young people today. In the afternoon, they will have their fourth and final business and enterprise session, which they have been working on during PSHCE Days throughout the year.

- Year 11 will explore the challenges faced by young people in the society of modern Britain. They will have sessions on finance and budgeting, mental health and addiction and harassment in the workplace. In addition to this, all of Year 11 will have English language revision sessions, delivered by an external agency. Targeted science revision will run alongside this throughout the day.

Students should report to their tutor group at the beginning of the day to receive their personalised programme. If you have any questions, please do not hesitate to contact us.

Yours sincerely,

*L. Oliver*

**Assistant Headteacher**



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